

Arts & Democracy and Naturally Occurring Cultural Districts NY (NOCD-NY) present

CULTURAL ORGANIZING FOR COMMUNITY CHANGE



Saturday, Dec 5, 2020, 10:00am-6:00pm EST
virtual by Zoom

ARTS & DEMOCRACY

**NOCD
NY**

PROGRAM SUMMARY

Morning Zoom: <https://us02web.zoom.us/j/84280051226?pwd=ZjJWVFBQTkgxdHpBUVVyVU1OM043Zz09>

- 9:50 - 10:00am **Gathering**
- 10:00 - 11:35am **Framework, Values and Connecting**
- 11:35 - 11:45am **Yes, Even Zoomland is Indigenous Land**
with Jaclyn Roessel, US Department of Arts and Culture
- 11:45 - 11:55am **Get Activated**
with Urban Bush Women
- 11:55am – 12:00pm **Inspiration**
Ash-Lee Henderson, Highlander Center and Movement for Black Lives
- 12:00 – 12:35pm **Lunch break**
- 12:35 - 1:10pm **Movement for the Movement**
with BombaYo co-founders Jose Ortiz and Melinda Gonzalez
- 1:10 – 1:20pm **Announce Session 1 choices**

1:25 - 2:55pm
Session 1
(1 hr 30 minutes)

Accountable Development

with Jae Shin & Damon Rich, HECTOR urban design

Zoom link: <https://bit.ly/36EciYu> Pass: 241143

Dynamic Reflection/Dynamic Learning

with amalia deloney, Arts & Democracy

Zoom link: <https://bit.ly/2lcRcaa> Pass: 881114

Mindful Bodies Reflective Practices

Urban Bush Women with Chanon Judson,
Elaisa van der Kust and Mikaila Ware

Zoom link: <https://bit.ly/2JPjBUl> Pass: 176210

Asking Questions for Deeper Conversations

with Rachel Falcone, Storyline

Zoom link: <https://bit.ly/2VBCOvI> Pass: 397538

Mind the Gap: Zines for Connection

Amidst Distancing

with Ayako Maruyama,
Design Studio for Social Intervention (DS4SI)

Zoom link: <https://bit.ly/39IxxY1> Pass: 136065

PROGRAM SUMMARY (continued)

2:55 – 3:05pm

Break and return to full group

Zoom link (same as morning):

<https://us02web.zoom.us/j/84280051226?pwd=ZjJWVFBQTkgxdHpBUVVyVU1OM043Zz09>

3:05 - 3:10pm

Get Activated

with Urban Bush Women

3:10 - 3:20pm

Announce Session 2 choices

3:25 - 4:55pm

Session 2

(1 hr 30 minutes)

Augusto Boal's Theater of the Oppressed and Civic Practice

with George Emilio Sanchez

Zoom link: <https://bit.ly/2VHNmJ6> Pass: 136065

Renew & Restore

with Maria Bauman-Morales, MB Dance

Zoom link: <https://bit.ly/3onCD31> Pass: 241143

Writing Change

with Andrea Assaf, Art2Action

Zoom link: <https://bit.ly/36Grfcl> Pass: 199895

Making it Visible

with Ricardo Levins Morales

Zoom link: <https://bit.ly/2JM4hb5> Pass: 397538

Spiritual Practice as Cultural Practice

with Joe Tolbert Jr, Art at the Intersections

Zoom link: <https://bit.ly/37QSWin> Pass: 294518

4:55 – 5:05pm

Return to full group

Zoom link (same as morning):

<https://us02web.zoom.us/j/84280051226?pwd=ZjJWVFBQTkgxdHpBUVVyVU1OM043Zz09>

5:05 – 6:00pm

Closing Session

with Maria Bauman-Morales

WELCOME TO CULTURAL ORGANIZING FOR COMMUNITY CHANGE!

We are so happy that you joined us today!

Morning Zoom: <https://us02web.zoom.us/j/84280051226?pwd=ZjJWVFBQTkgxdHpBUVVyVU1OM043Zz09>

Closed Captioning during morning convening: <https://recapd.com/w-kRpQg8>

9:50 - 10:00am

Gathering

10:00 - 11:35am

Introduction

Framework, Values and Mapping the Room

with Emily Ahn Levy, Hasiba Haq, amalia deloney, Caron Atlas, and Claudie Mabry of Arts & Democracy and NOCD-NY and our colleagues: Karen Mack, Mark Valdez, Michael Higgins, Tamara Greenfield, Gonzalo Casals, and Judi Jennings.

11:35 - 11:45am

Yes, Even Zoomland is Indigenous Land

Jaclyn Roessel, US Department of Arts and Culture

Jaclyn Roessel is the director of decolonized futures and radical dreams at the US Department of Arts & Culture where she steward the Honor Native Land project. She's a Mama, partner, recovering perfectionist, coach, and cultural equity and justice consultant fiercely reimagining futures where Indigenous Sovereignty, rights, lands and cultures are revered, celebrated and protected.

MEETING AGREEMENTS

- We encourage everyone to participate. Participation makes it more engaging!
- Share the space. Make sure that everyone has a chance to speak.
- Use "I" statements and speak from your own experience.
- Listen and ask to understand, not to judge.
- Stay present when in the room.
- Stay present with discomfort.
- Take care of yourself - take breaks when you need them.
- Avoid buzzwords - explain your acronyms.

11:45 - 11:55am

Get Activated

with Urban Bush Women

11:55am – 12:00pm

Inspiration

by Ash-Lee Henderson, Highlander Research and Education Center
and Movement for Black Lives

Video clip from Activating the Cultural Power of a Movement event by Arts & Democracy, NOCD-NY and USDAC

12:00 – 12:35pm

Lunch break

Consider muting and turning your video off, but keeping the Zoom link active so that BombaYo's percussion can lure you back to your computer after lunch



12:35 - 1:10pm

Movement for the Movement

with BombaYo co-founders Jose Ortiz and Melinda Gonzalez

A discussion and brief dance tutorial on Afro Puerto Rican bomba as a way to foster connection and community building through traditional forms of music and dance. Organizers can add these simple movements to their wellness practice to relieve stress and for group work.

1:10 – 1:20pm

Announce Session 1 choices

1:20 - 1:25pm

Transition to Session 1

Session 1 1:25 - 2:55pm (1 hr 30 minutes)



Accountable Development

Jae Shin & Damon Rich, [HECTOR urban design](#)

Who decides what gets built in your city or town? This workshop will explore the idea of accountable development, one way people are thinking about how to make more democratic, environmentally just, and anti-racist places. Together we'll use all our senses to consider how places connect to politics, map power struggles over environmental planning, identify strategies for making development more accountable, and describe what roles artists and designers can play in this work.

Suggested materials: paper or sketchpad, writing utensils (pen, pencil, etc)

Zoom link: <https://us02web.zoom.us/j/87977712897?pwd=ZXMrRmVLdDYrNm5LSEd0a0E4aXpQZz09>

Passcode: 241143 Meeting ID 879 7771 2897 Find your local number: <https://us02web.zoom.us/j/87977712897?pwd=ZXMrRmVLdDYrNm5LSEd0a0E4aXpQZz09>



Asking Questions for Deeper Conversations

Rachel Falcone, [Storyline](#)

Stories are at the heart of social change work, so how do we create the spaces for them to be heard, documented and shared? How do we ask the right questions for deeper conversations, especially in a moment when we are all so isolated? In this workshop, join artist Rachel Falcone to learn oral history and interview-based techniques as tools to strengthen connections and relationships and create powerful narratives for change. *Suggested materials: pen and paper*

Zoom link: <https://us02web.zoom.us/j/82935506091?pwd=K1BvazBzYVMzb2RjS25iaFVkdjlkQT09>

Passcode: 397538 Meeting ID: 829 3550 6091 Find your local number: <https://us02web.zoom.us/j/82935506091?pwd=K1BvazBzYVMzb2RjS25iaFVkdjlkQT09>



Dynamic Reflection/Dynamic Learning

amalia deloney, [Arts & Democracy](#)

To facilitate significant, transformative change in our organizations, we need to make a profound change in how people interact—especially as we problem solve, innovate and design new futures. Rooted in the popular education principle “we are all teachers and learners,” this fast-paced and highly interactive session will introduce tools for self discovery and co-learning, while also providing time for practice! Against the backdrop of COVID, we'll unpack, explore and elevate what we have learned about ourselves, our communities and our visions for the future. *Suggested materials: paper, markers, pens*

Zoom link: <https://us02web.zoom.us/j/86128724106?pwd=WjQ0R2FPeGITS0J1WGF5cFURXZWZ09>

Passcode: 881114 Meeting ID: 861 2872 4106 Find your local number: <https://us02web.zoom.us/j/86128724106?pwd=WjQ0R2FPeGITS0J1WGF5cFURXZWZ09>



Mind the Gap: Zines for Connection Amidst Distancing

Ayako Maruyama, [Design Studio for Social Intervention \(DS4SI\)](#)

Our stories matter. Zine-making is a powerful way to reflect and share stories as we navigate new ways of being together during this pandemic. In this workshop you'll be learning how to make zines while we share stories. Build your personal practice with the infinite possibilities of this fun and simple tool as you make booklets for memoirs, advocacy and justice in the year 2020.

Suggested materials: a few pieces of loose leaf paper (roughly 8.5x11" or A4 but can be any size!), a pair of scissors, and your favorite writing/drawing supplies

Ayako Maruyama is a Filipina-Japanese designer, educator and illustrator. She spends energy thinking about people, art, public-engagement, biking, urbanism, and community connectivity across thresholds. Ayako co-authored and co-illustrated the recently published book, *Ideas Arrangements Effects: Systems Design and Social Justice* and has had the privilege of working with students and teaching at Boston University, Rhode Island School of Design, and University of Orange. Instagram: @instayako @nihonissue @ds4si

Zoom link: <https://us02web.zoom.us/j/84569441569?pwd=WnQ4REN6cDNUWHFYc3BCSkJIRU1qdz09>

Passcode: 136065 Meeting ID: 845 6944 1569 Find your local number: <https://us02web.zoom.us/j/84569441569?pwd=WnQ4REN6cDNUWHFYc3BCSkJIRU1qdz09>



Mindful Bodies Reflective Practices

[Urban Bush Women](#) with Chanon Judson, Elaisa van der Kust, and Mikaila Ware

This interactive experience focuses on self-care, rejuvenation, and (re-)constructing healthful images of ourselves and our communities. As we move, share stories, and discuss holism practices from food choices to daily stress relief, Builders, Organizers, & Leaders through Dance (BOLD) facilitators will offer simple tools for reinhabiting our bodies and reinforcing holism from the inside out. *No dance or fitness experience is necessary...just a body and a willingness to exhale!

Prep: Bring a story, photo, or anything else that is part of your family/culture. Prepare space for movement exploration.

Paper, writing utensils (pens, pencils, etc) and coloring supplies (markers, crayons, colored pencils).

Participants are strongly encouraged to keep their video on.

Zoom link: <https://zoom.us/j/91058018025?pwd=ZG9pY2EvdGptczdiMk45ckc3QUlZZz09>

Passcode: 176210 Meeting ID: 910 5801 8025 Find your local number: <https://zoom.us/j/91058018025?pwd=ZG9pY2EvdGptczdiMk45ckc3QUlZZz09>

2:55 – 3:05pm

Break and Return to Full Group

Zoom link (same as morning): <https://us02web.zoom.us/j/84280051226?pwd=ZjJWVFBQTkgxdHpBUVVyVU1OM043Zz09>

3:05 - 3:10pm

Get Activated

with Urban Bush Women

3:10 - 3:20pm

Announce Session 2 choices

3:20 – 3:25pm

Transition to Session 2

(continued on next page)

Session 2 3:25 - 4:55pm (1 hr 30 minutes)



Augusto Boal's Theater of the Oppressed and Civic Practice

George Emilio Sanchez, performance artist and social justice activist

Participants will be introduced to Boal's Theater of the Oppressed games and exercises and how they impact our individual imaginations and shape how we view the world around us. We will be involved in various forms of collaboration ranging from individual, dyads, and group activities.

George has been Performance Director of Emergenyc for 13 years, a program that explores the

intersection of arts and activism. He teaches at the College of Staten Island.

Suggested materials: paper or journal, pen

Zoom link: <https://us02web.zoom.us/j/84569441569?pwd=WnQ4REN6cDNUWHFYc3BCSkJIRU1qdz09>

Passcode: 136065 Meeting ID: 845 6944 1569 Find your local number: <https://us02web.zoom.us/j/kp4pQ5xT6>



Making it Visible

Ricardo Levins Morales, artist

Visual images are a powerful form of communication. With them we can tell about the past, reexamine the present, dream about the future, and share questions and insights about our very nature. Oppression depends on us believing lies about all those things. Whether it takes the form of colonialism, child abuse or poverty, it causes traumatic damage to our sense of self. This workshop is about using art to tell powerful truths. Using simple materials (artistic experience is not required), we will identify the lies that keep us, our communities, and our peoples from moving forward; the truths

that can counteract them; and ways to turn those truths into accessible messages. Working in groups, we'll come up with images based on the campaigns, issues, or dilemmas of workshop participants.

Suggested materials: magazines (to be cut up), a pair of scissors, tape or glue, and any combination of paper, pencils, markers, crayons

Zoom link: <https://us02web.zoom.us/j/82935506091?pwd=K1BvazBzYVMzb2RjS25iaFVkdjlkQT09>

Passcode: 397538 Meeting ID: 829 3550 6091 Find your local number: <https://us02web.zoom.us/j/kAycHKNTN>

photo: Scott Shaw



Renew & Restore

Maria Bauman-Morales, MB Dance

As a community organizer and artist still creating work and holding space for communities, like so many of us are, I am keenly aware of our dwindling opportunities for rest, stillness and renewal even amidst the global pandemic. The collective stress of navigating a break-neck pace while learning new ways of being and of connecting with people creates high levels of cortisol and keeps us from being the best family- and community-members we can be. During this workshop, we are slowing down to invite in restoration with guided breathing and light physical centering practices. The session includes

both time with our cameras on to take solace in one another and with our cameras off to relax inward and be guided. This experience is for people of all shapes, sizes, genders and abilities.

Materials: please have a small ball handy (ie. tennis ball or pinky ball)

Zoom link: <https://us02web.zoom.us/j/87977712897?pwd=ZXMrRmVLdDYrNm5LSEd0a0E4aXpQZz09>

Passcode: 241143 Meeting ID 879 7771 2897 Find your local number: <https://us02web.zoom.us/j/87977712897?pwd=ZXMrRmVLdDYrNm5LSEd0a0E4aXpQZz09>

Spiritual Practice as Cultural Practice

Joe Tolbert Jr., Art at the Intersections

In this interactive workshop, we will explore why it is essential to include spiritual practices in our cultural strategies when working with communities. Participants will leave with not only a deeper understanding of spiritual practices, but how they can begin to implement these strategies in their local community work.

Zoom link: <https://zoom.us/j/93951036687?pwd=ZXB1QTRLQIFzY0cyUm1iNERYQkNNQT09>

Passcode: 294518, Meeting ID: 939 5103 6687, +1 929 205 6099 US (New York), or number: <https://zoom.us/j/93951036687?pwd=ZXB1QTRLQIFzY0cyUm1iNERYQkNNQT09>

photo: c/o Joe Tolbert Jr.



Writing Change

Andrea Assaf, Art2Action

This workshop will explore how we can approach writing when we're in the midst of a powerful change, either personal or socio-political. How do we capture or document changing times, even as we navigate our own experiences and feelings about what is happening around us? How do we write about the change we want to see, and where this change is taking us? We will also look at how writing can catalyze or contribute to change-making, and what role our writing plays in movement building.

Suggested materials: Paper or journal and favorite writing utensils. Some light movement may happen, so wear comfortable clothes and, ideally, be in a quiet or private space with some room to move around.

Zoom link: <https://us02web.zoom.us/j/84853430898?pwd=VmR3RE8wSFB4SXZRTWFWUTNBdkd5dz09>

Passcode: 199895, Meeting ID: 848 5343 0898, +1 646 558 8656 US (New York), or find your local number: <https://us02web.zoom.us/j/84853430898?pwd=VmR3RE8wSFB4SXZRTWFWUTNBdkd5dz09>

photo: c/o Andrea Assaf



4:55 – 5:05pm

Break and Return to Full Group

Zoom link (same as morning): <https://us02web.zoom.us/j/84280051226?pwd=ZjJWVFBQTkgxdHpBUVVyVU1OM043Zz09>

5:05 – 6:00pm

Closing Session

with Maria Bauman-Morales

Suggested materials: Paper and colored pens, pencils, markers, crayons

WITH OUR DEEPEST APPRECIATION

This program is supported, in part, by public funds from the New York City Department of Cultural Affairs in partnership with the New York City Council, New York State Council on the Arts, National Endowment for the Arts, City Council Member Brad Lander, and Humanities New York.



Cultural Organizing for Community Change Producers: Emily Ahn Levy, Caron Atlas, and Tom Oesau with Claudie Mabry, Hasiba Haq and Yun-Hee Proffit. Graphic Design, Tom Oesau.

Technical Producer, Vijay Mathew, [Crux](#). A visionary studio at the intersection of Black storytelling and immersive technology.

Contributors to the framework presentation: Gonzalo Casals, amalia deloney, Tamara Greenfield, Michael Higgins, Judi Jennings, Karen Mack, Mark Valdez, Emily Ahn Levy, Hasiba Haq, Claudie Mabry, and Caron Atlas

Session leaders: Andrea Assaf, Maria Bauman-Morales, amalia deloney, Rachel Falcone, Melinda Gonzalez, Chanon Judson, Ayako Maruyama, Ricardo Levins Morales, Jose Ortiz, Damon Rich, Jaclyn Roessel, George Emilio Sanchez, Jae Shin, Joe Tolbert Jr., Elaisa van der Kust, Mikaila Ware, and Ash-Lee Woodard Henderson.

Thank you for participating!

Arts & Democracy helps build a movement of work that cross-fertilizes arts and culture, participatory democracy, and social justice. We do this through cultural organizing, capacity building, artist residencies, and by shaping policy and creating spaces for reflection and connection. Our focus is on historically disenfranchised communities. We put arts and culture on agendas where it hasn't been before, connect artists, activists, and policymakers who wouldn't otherwise know each other, and create the connective tissue and generative environment needed for transformative collaborations to succeed.

www.artsanddemocracy.org, email: info@artsanddemocracy.org, Facebook: www.facebook.com/ArtsandDemocracy, Twitter: [@artanddemocracy](https://twitter.com/artanddemocracy) Instagram: [art-sanddemocracy](https://www.instagram.com/artanddemocracy)

Naturally Occurring Cultural Districts NY (NOCD-NY) is a citywide alliance of cultural networks and community leaders that has joined together to revitalize New York City from the neighborhood up. NOCD-NY came together in 2010 in response to the vision, sustained needs, and resiliency of NYC communities. Our asset-based approach recognizes the powerful culture that already exists in communities and the importance of working across communities to make citywide change.

www.nocdny.org, email: nocdny@gmail.com, Facebook: www.facebook.com/nocdny, Twitter: [@nocdny](https://twitter.com/nocdny), Instagram: [nocdny](https://www.instagram.com/nocdny)

COMING UP DEC 12

Arts & Democracy presents:

A Quest for Home Upside Down

Zine Party bit.ly/quest4home



Remembering past years' events

when we could gather in community spaces!

photos: SJR Photography

